

Renewal Sleep Support

Sleep Better. Wake Refreshed.

Renewal Sleep Support™ is a fast-acting melatonin and botanical mist designed to help you fall asleep faster and support a healthy circadian rhythm. It's packed with sleep-enhancing ingredients like valerian root, tart cherry, chamomile, and L-theanine to naturally support a more restful night's sleep.



Why You'll Love It

- Renewal Sleep Support is an easy-to-use oral spray made with natural ingredients for fast-acting and non-habit-forming support.
- Designed to enhance the quality of your sleep and support a healthy circadian rhythm to realign the body's natural sleep cycle.
- Can help relieve the effects of jetlag.
- Refreshing cool spearmint flavor.

What's Inside

- Featuring **5 mg of natural melatonin** in each serving, a science-supported amount known to provide benefits for sleep.
- Enriched with soothing ingredients, including **valerian root, tart cherry, lemon balm, chamomile,** and **L-theanine**-known to naturally support restfulness and enhance sleep quality.

How to Use

20 minutes before bedtime, spray 1-3 pumps directly into your mouth, hold for one minute, then swallow. If needed, increase dosage gradually up to 6 sprays.



Soy Free



Non-GMO



Gluten Free



Quality Tested



Vegan



No artificial flavors, colors, or sweeteners

Visit [isagenix.com](https://www.isagenix.com) for more information on flavors, packaging, and nutrition facts.

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