

CREATINE

Your Foundation for Strength, Focus, & Energy

Creatine isn't just for athletes—it's essential for everyday performance. Naturally found in muscles and the brain, creatine helps fuel your cells with the energy needed to power movement, recovery, and mental clarity. But most don't get enough through diet alone. Isagenix® Creatine saturates your cells with the fuel they crave so you can feel stronger, sharper, and more resilient every day.†

A Whole-Body Boost

Helps enhance cellular energy†

Helps build strength and lean muscle†

Makes workouts more efficient

Helps promote long-term vitality and healthy aging†

Supports brain health and focus†

Why You'll Love It

- **Proven Benefits:** 500+ peer-reviewed studies support creatine's strength, recovery, and cognition benefits.
- **Clean & Stimulant-Free:** Just one ingredient, third-party tested for quality and purity.
- **Effective Absorption:** Micronized creatine blends fast with better bioavailability.
- **Routine-Ready:** Unflavored powder mixes easily into any beverage or shake.

Who's It For?

Anyone 18+ looking to feel strong, sharp, and energized—at any stage of life, especially:

- **Women**, particularly those navigating hormonal shifts
- **Adults 40+** looking to stay active and resilient
- **Fitness enthusiasts** aiming to optimize performance

How to Use

Mix 2.5-5g (a half scoop to a scoop) daily into water, a shake, or another beverage. Remember to stay properly hydrated throughout the day.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gluten Free



Non-GMO



Soy Free



Quality Tested



Vegan



No artificial flavors, colors, or sweeteners

Visit isagenix.com for more information on packaging and nutrition facts.

ISAGENIX®