THE BRAIN AND SLEEP SUPPORT SYSTEM is a two-part system that helps support cognitive function and promote brain health.†

WHY YOU NEED THE BRAIN AND SLEEP SUPPORT SYSTEM:

MEMORY
Ginkgo biloba supports memory recall while L-carnosine promotes memory retention.†

COGNITIVE PROTECTION
Curcumin and lipoic acid help protect brain health.†

MENTAL FOCUS
Green tea stimulates the brain, and citicoline supports brain function.†

QUALITY SLEEP
Promotes more beneficial sleep time and quality.†

WHAT IS THE BRAIN AND SLEEP SUPPORT SYSTEM?
A comprehensive system supporting overall cognitive function, memory, and brain health† that consists of two products—Brain Boost & Renewal™ and Sleep Support & Renewal™.
HOW IT WORKS:
The Brain and Sleep Support System contains both a daily targeted supplement and nightly spray that work together to support brain health. Brain Boost & Renewal is scientifically formulated to promote mental focus, concentration, decision-making, and memory.† Sleep Support & Renewal contains a proprietary nutrient complex to support a beneficial night’s rest, which in turn, aids your memory, mental clarity, cognitive function, and overall brain health.†

TESTED FOR EFFICACY
In collaboration with Isagenix scientists, Dr. Michael Colgan, Ph.D., CCN, began research focused on brain nutrition. Dr. Colgan and his team reviewed hundreds of studies to identify a number of ingredients that support different parts of brain function. They performed a pilot study comparing Brain Boost & Renewal against two other formulations, and the results were impressive.

**INCREASE IN MEMORY RETENTION**
19%

**INCREASE IN OVERALL COGNITIVE FUNCTION**
12%
measured by improved response time

**INCREASE IN BALANCE DURATION TIME**
33%

**INCREASE IN DECISION-MAKING**
33%
Based on improved response time

With the addition of Sleep Support & Renewal, this system is essential to your daily health routine.

Perfect For:
- Those 18 and older
- Adults looking to support cognitive function and brain health

For more information, please contact your Isagenix Independent Associate:

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.