



# A HEALTHY ENERGY SHOT

## FAST FACTS

e+ is a nutrient-packed, naturally-caffeinated energy shot that gets—and keeps—you active and alert. Infused with a host of healthy ingredients, e+ can fire up your performance without artificial colors, sweeteners or flavors found in many other energy drinks.

Unique in its formulation, e+ contains natural caffeine derived from green tea and yerba maté along with a proprietary, scientifically proven adaptogenic botanical blend that increases energy, stamina and mental alertness.\* e+ is a healthy and safe way to provide that “get-up-and-go” needed for both the average person and the competitive athlete.



### E+ NATURAL BALANCED ENERGY SHOT

RETAIL: 6CT - \$24  
ASSOC: 6CT - \$19  
BV 12

RETAIL: (2) 6CT - \$46  
ASSOC: (2) 6CT - \$36  
BV 25

- e+ SUPER-CHARGED INGREDIENTS DELIVER:**
- + A quick healthy energy boost that lasts for hours
  - + A kick-start to your workout
  - + Improved focus and physical performance
  - + Clarity and alertness
  - + Flavorful taste at only 35 calories



"In over 30 years of our controlled studies, moderate doses of caffeine from green tea plant extracts, calculated for lean body weight, and used under specific conditions, yielded a significant improvement of 1-3 percent in running performance in a 10K race."

- Dr. Michael Colgan, Ph D., CCN

"Tried e+ this morning before my morning workout. I am a morning coffee drinker, however I went without this morning. OMG!!, I can honestly say that this was the best workout I can remember having in ...like forever (lol)!! No 'speedy' feeling, just incredible sustained energy. Mentally I feel SUPER SHARP! It's been over 3 hours since I took it and I still feel soooo energized! Great formulation, Well Done Isagenix!!! Can't wait to get more and SHARE THE SHOT!"

- Dr. Glenn Nozek

**Tips |** What can naturally-occurring caffeine do for you? Naturally-occurring caffeine can be healthy to consume when you're in a rut and need a boost. Caffeine, especially when combined with green tea's or yerba maté's antioxidants, can increase your basal metabolic rate, boost metabolism and help you burn more fat and maintain weight loss. Caffeine can improve your alertness and mood, ward off drowsiness while optimizing mental performance and enhancing mood. It can also improve athletic performance. Caffeine acts as an ergogenic aid allowing athletes to train harder, longer. It also stimulates the brain and contributes to clearer thinking and greater concentration during performance.

### Important links

- Science Article | 7 Great Energy Boosters You Can Reach For Daily**
- Web Page | [www.ShareTheShot.com](http://www.ShareTheShot.com)**
- Product Information Sheet**
- Frequently Asked Questions**
- Comparison Chart**

## Take a Healthy Shot At A Natural Energy Alternative.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

