

Isagenix® Brain and Sleep Support System



Our new synergistic system addresses the growing (and often overlooked) problem of age-related cognitive decline. The Isagenix Brain and Sleep Support System, featuring Brain Boost & Renewal™ and Sleep Support & Renewal™, should be taken together as part of your daily Isagenix nutritional regimen to ensure healthy brain aging and a restful night's sleep.

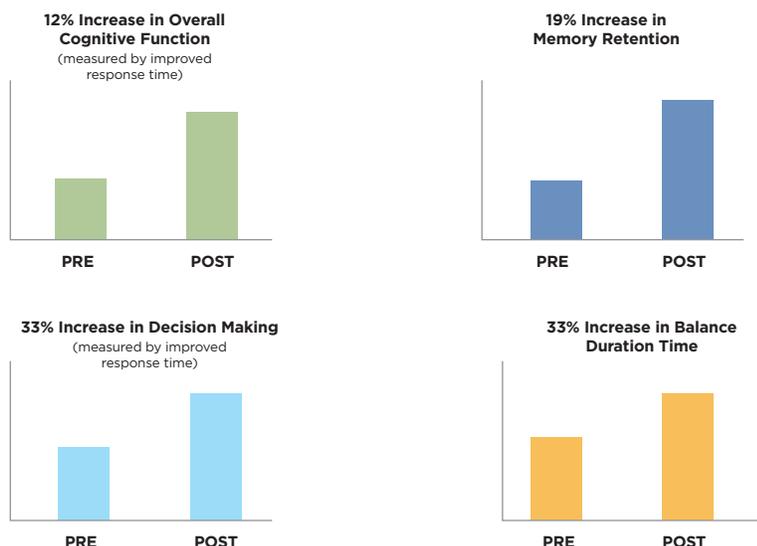
FEATURES AND BENEFITS OF BRAIN BOOST & RENEWAL™

- Provides brain antioxidant protection
- Protects the brain against cellular reactivity that speeds aging
- Maintains healthy neuron function to promote mental focus and concentration
- Naturally supports production of healthy brain chemicals
- Supports cerebral blood flow

FEATURES AND BENEFITS OF SLEEP SUPPORT & RENEWAL™

- Helps increase the quality and total time of sleep
- Helps to reduce the time it takes to fall asleep
- Helps relieve the fatigue associated with jet lag
- Helps re-set the body's sleep-wake cycle (circadian rhythm)
- Helps promote healthy aging, cardiovascular, immune function, and brain health

Brain Boost & Renewal Demonstrates Improvement in 6-week Clinical Study



Four tests were given at the start of a recent clinical trial with the Isagenix Brain Boost and Renewal, and again six weeks later. **Memory Functions** were tested by measuring how many items a subject could keep in the mind at a time, using online-based programs to assess the brain's memory. **Quicker Brain Response** was a measurement of visual motor skills in which participants were given a pencil-to-paper, trail-making test to indicate cognitive impairment and executive function. **The Balance Test** required participants to balance on one leg with their arms out and eyes closed while being timed for duration. Measurement of balance can be used as a biomarker of aging. Finally, **Decision Making** was measured on how quickly the brain could process incoming information using hearing equipment that delivered rapid sounds in which participants would determine the measure of pitch being either high, low or both.



BRAIN AND SLEEP SUPPORT SYSTEM - SAVE \$8.90 WHEN PURCHASED TOGETHER

RETAIL: \$65.00
ASSOC: \$49.00
BV 33

BRAIN BOOST & RENEWAL
RETAIL: \$60.00
ASSOC: \$44.95
BV 30

SLEEP SUPPORT & RENEWAL
RETAIL: \$16.95
ASSOC: \$12.95
BV 9

Tips | Exercise, sleep, avoid toxins and drink plenty of water. Adopt a daily nutritional cleansing and replenishing regimen: IsaLean® Shakes, Cleanse for Life®, Ageless Essentials with Product B™, and the Isagenix Brain and Sleep Support System.

Important links

- Video** | A look at the Brain and Sleep Support products
- Video** | Dr. Michael Colgan and the science of aging
- Webinar** | Isagenix Brain and Sleep Support Explained.
- Audio** | Isagenix Scientific Advisory Board Member & Olympic Trainer Dr. Michael Colgan.
- Web Page** |
- Books** | Save Your Brain and Sound Sleep
- Product Information Sheet**

"It's never too early or late to start giving our brain everything it needs to build a long, healthy and sustained life. The Brain and Sleep Support System is the best investment you will ever make in the future health of your brain"

- Dr. Michael Colgan, Ph D., CCN

